

# THE SEAMEN CHURCH INSTITUTE

# Investment Performance as of 3/31/2025

The performance data quoted represents past performance, and is no guarantee of future results. Your returns and the principal value of your investment will fluctuate so that your mutual fund shares and annuity account accumulation units, when redeemed, may be worth more or less than their original cost. Current performance may be lower or higher than the performance quoted. For performance current to the most recent month-end, call 800-842-2252 or visit TIAA.org/planinvestmentoptions and enter your plan ID. Performance may reflect waivers or reimbursements of certain expenses. Absent these waivers or reimbursements, performance results would have been lower. Since Inception performance shown is cumulative for periods less than one year.

						Average Annual Total Returns				perating r \$1000)		
Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception		Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
American Funds New World Fund Class R-4 (RNWEX) <sup>1,2</sup>	Diversified Emerging Mkts	10/07/02	1.61%	1.61%	2.95%	2.95%	10.44%	6.07%	0.92% \$9.20	0.92% \$9.20	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI ACWI NR USD			-1.32%	-1.32%	7.15%	6.91%	15.18%	8.84%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds SMALLCAP World Fund Class R-4 (RSLEX) <sup>1</sup>	Global Small/Mid Stock	07/24/02	-6.54%	-6.54%	-7.50%	-1.89%	9.31%	6.43%	1.00% \$10.00	1.00% \$10.00	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI ACWI Small NR USD			-3.97%	-3.97%	-0.51%	1.57%	13.70%	6.37%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly

Investment products, insurance and annuity products: are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

			Total Re	eturns	Avera	age Annua	l Total Reti	ums	Total Annual O Expenses (%/Pe			
Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net		Shareholder Fees & Restrictions*
American Funds Washington Mutual Investors Fund Class R-4 (RWMEX) <sup>1</sup>	Large Blend	05/20/02	0.28%	0.28%	9.31%	9.27%		11.31%	0.61% \$6.10	0.61% \$6.10	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P 500 TR USD			-4.27%	-4.27%	8.25%			12.50%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
Columbia Mid Cap Index Fund Class A (NTIAX) <sup>1,3,4</sup>	Mid-Cap Blend	05/31/00		-6.16%	-3.14%		16.41%	7.93%	0.59% \$5.90	0.45% \$4.50	06/30/25	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P MidCap 400 TR			-6.10%	-6.10%			16.91%	8.43%	1			exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
Columbia Small Cap Index Fund Class A (NMSAX) <sup>1,3</sup>	Small Blend	10/15/96	-9.04%	-9.04%	-3.82%	0.26%	14.56%	7.02%	0.45% \$4.50	0.45% \$4.50	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P SmallCap 600 TR USD			-8.93%	-8.93%	-3.38%	0.71%	15.09%	7.52%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
JPMorgan Mid Cap Growth Fund Class I (HLGEX) <sup>1,3,4,5</sup>	Mid-Cap Growth	03/02/89	-9.25%	-9.25%	-5.82%	1.84%	12.63%	9.78%	0.94% \$9.40	0.84% \$8.40	10/31/25	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Russell 3000 TR USD			-4.72%	-4.72%	7.22%	8.22%	18.18%	11.80%				exchanging out of the fund. Pln Svcs Credit: 0.02%/quarterly
MFS International Diversification Fund Class R3 (MDIHX) <sup>14,6</sup>	Foreign Large Blend	04/01/05	5.77%	5.77%	7.81%	5.18%	10.27%	6.31%	1.09% \$10.90	1.08% \$10.80	09/30/25	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI ACWI Ex USA NR USD			5.23%	5.23%	6.09%	4.48%	10.92%	4.98%				exchanging out of the fund. Pln Svcs Credit: 0.27%/quarterly
MFS Massachusetts Investors Growth Stock Fund Class R3 (MIGHX) <sup>1,5</sup>	Large Growth	04/01/05	-5.14%	-5.14%	2.11%	6.11%	15.77%	12.46%	0.71% \$7.10	0.71% \$7.10	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Russell 3000 TR USD			-4.72%	-4.72%	7.22%	8.22%	18.18%	11.80%				exchanging out of the fund. Pln Svcs Credit: 0.27%/quarterly
Nuveen International Equity Index Fund (Retirement) (TRIEX) <sup>4,6</sup>	Foreign Large Blend	10/01/02	7.92%	7.92%	5.53%	6.53%	11.88%	5.36%	0.30% \$3.00	0.30% \$3.00	02/28/26	Round Trip: You cannot exchange into the fund within .30 calendar days of
Benchmark: MSCI EAFE NR USD			6.86%	6.86%	4.88%	6.05%	11.77%	5.40%				exchanging out of the fund. Pln Svcs Credit: 0.02%/quarterly

						age Annua	l Total Reti	urns	Total Annual Op Expenses (%/Per	0		
Equities - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception		Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
T. Rowe Price Global Real Estate Fund (TRGRX) <sup>14,7</sup>	Global Real Estate	10/27/08	0.00%	0.00%	1.14%	-4.58%	6.06%	2.27%	1.58% \$15.80	0.95% \$9.50	02/28/27	Round Trip: You cannot exchange into the fund within 30 calendar days of exchanging out of the fund.
Benchmark: FTSE All World TR USD			-1.01%	-1.01%	7.75%	7.43%	15.68%	9.37%	2			Redemption Fee: 2.00% if held < 90 days Pln Svcs Fee: 0.08%/quarterly
Vanguard 500 Index Fund Admiral Shares (VFIAX) <sup>1</sup>	Large Blend	11/13/00	-4.28%	-4.28%	8.21%	9.02%	18.55%	12.46%	6 0.04% \$0.40	0.04% \$0.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P 500 TR USD			-4.27%	-4.27%	8.25%	9.06%	18.59%	12.50%	, 			exchanging out of the fund. Pln Svcs Fee: 0.23%/quarterly

			Total Re	eturns	Avera	age Annual	Total Retu	Ims	Total Ar Operating E (%/Per \$	Expenses		
Fixed Income - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
BlackRock High Yield Portfolio Fund Investor A Shares (BHYAX) <sup>1,4,8</sup>	High Yield	11/19/98	0.88%	0.88%	6.96%	4.71%	7.24%	4.61%	0.95% \$9.50	0.93% \$9.30	06/30/26	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Bloomberg US Universal TR USD			2.66%	2.66%	5.24%	1.01%	0.32%	1.83%				exchanging out of the fund. Pln Svcs Credit: 0.17%/quarterly
BrandywineGLOBAL - Global Opportunities Bond Fund Class I (GOBIX) <sup>1</sup>	Global Bond	03/19/09	4.72%	4.72%	-0.39%	-4.15%	0.57%	0.27%	0.67% \$6.70	0.67% \$6.70	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: FTSE WGBI USD			2.57%	2.57%	2.10%	-2.89%	-2.97%	-0.05%				exchanging out of the fund. Pln Svcs Fee: 0.08%/quarterly
Columbia Total Return Bond Fund Institutional Class (SRBFX) <sup>1,4</sup>	Intermediate Core-Plus Bond	12/05/78	3.23%	3.23%	6.25%	0.32%	1.65%	2.21%	0.64% \$6.40	0.49% \$4.90	08/31/25	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Bloomberg US Aggregate Bond TR USD			2.78%	2.78%	4.88%	0.52%	-0.40%	1.46%				exchanging out of the fund. Pln Svcs Credit: 0.02%/quarterly

		T Oper Total Returns Average Annual Total Returns (%										
Fixed Income - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year		10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
Lord Abbett Short Duration Income Fund Class A (LALDX) <sup>1</sup>	Short-Term Bond	11/04/93	1.50%	1.50%	5.91%	3.28%	3.35%	2.33%	0.58% \$5.80	0.58% \$5.80	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: ICE BofA 1-3 Year US Corporate TR USD			1.64%	1.64%	6.23%	3.88%	2.83%	2.39%				exchanging out of the fund. Pln Svcs Credit: 0.17%/quarterly
Vanguard Total Bond Market Index Fund Admiral Shares (VBTLX) <sup>1</sup>	Intermediate Core Bond	11/12/01	2.77%	2.77%	4.87%	0.52%	-0.41%	1.44%	0.04% \$0.40	0.04% \$0.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Bloomberg US Aggregate Float Adjusted TR USD			2.75%	2.75%	4.87%	0.56%	-0.36%	1.49%				exchanging out of the fund. Pln Svcs Fee: 0.23%/quarterly

			Total Re	C tal Returns Average Annual Total Returns						inual xpenses 1000)			
Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year		10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*	
American Funds 2010 Target Date Retirement Fund Class R-4 (RDATX) <sup>1,9</sup>	Target-Date 2000-2010	02/01/07	2.67%	2.67%	7.77%	3.92%	6.90%	5.05%	0.63% \$6.30	0.63% \$6.30	-	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: S&P Target Date 2010 TR USD			1.60%	1.60%	5.87%	3.66%	6.20%	4.63%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly	
American Funds 2015 Target Date Retirement Fund Class R-4 (RDBTX) <sup>1,9</sup>	Target-Date 2015	02/01/07	2.37%	2.37%	7.51%	3.92%	7.35%	5.32%	0.64% \$6.40	0.64% \$6.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: S&P Target Date 2015 TR USD			1.33%	1.33%	5.81%	3.67%	6.87%	5.03%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly	
American Funds 2020 Target Date Retirement Fund Class R-4 (RDCTX) <sup>1,9</sup>	Target-Date 2020	02/01/07	2.16%	2.16%	7.47%	4.10%	7.72%	5.70%	0.64% \$6.40	0.64% \$6.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of	
Benchmark: S&P Target Date 2020 TR USD			1.05%	1.05%	5.84%	3.93%	7.47%	5.38%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly	

			Total Re	eturns	Avera	age Annua	Total Retu	ums	Total Ar Operating E (%/Per \$	xpenses		
Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
American Funds 2025 Target Date Retirement Fund Class R-4 (RDDTX) <sup>1,9</sup>	Target-Date 2025	02/01/07	1.92%	1.92%	7.06%	4.23%	8.61%	6.34%	0.65% \$6.50	0.65% \$6.50	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2025 TR USD			0.94%	0.94%	5.83%	4.13%	8.72%	5.98%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2030 Target Date Retirement Fund Class R-4 (RDETX) <sup>1,9</sup>	Target-Date 2030	02/01/07	0.87%	0.87%	6.43%	4.69%	9.93%	7.13%	0.67% \$6.70	0.67% \$6.70	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2030 TR USD			0.50%	0.50%	5.94%	4.69%	10.19%	6.65%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2035 Target Date Retirement Fund Class R-4 (RDFTX) <sup>1,9</sup>	Target-Date 2035	02/01/07	0.21%	0.21%	6.31%	5.34%	11.86%	8.12%	0.68% \$6.80	0.68% \$6.80	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2035 TR USD			0.15%	0.15%	6.01%	5.21%	11.74%	7.33%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2040 Target Date Retirement Fund Class R-4 (RDGTX) <sup>1,9</sup>	Target-Date 2040	02/01/07	-0.83%	-0.83%	5.89%	5.99%	12.99%	8.64%	0.70% \$7.00	0.70% \$7.00	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2040 TR USD			-0.32%	-0.32%	6.11%	5.73%	12.93%	7.86%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2045 Target Date Retirement Fund Class R-4 (RDHTX) <sup>1,9</sup>	Target-Date 2045	02/01/07	-1.19%	-1.19%	5.58%	6.06%	13.20%	8.77%	0.71% \$7.10	0.71% \$7.10	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2045 TR USD			-0.44%	-0.44%	6.12%	6.08%	13.66%	8.19%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2050 Target Date Retirement Fund Class R-4 (RDITX) <sup>1,9</sup>	Target-Date 2050	02/01/07	-1.45%	-1.45%	5.36%	6.06%	13.24%	8.81%	0.72% \$7.20	0.72% \$7.20	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2050 TR USD			-0.75%	-0.75%	6.20%	6.27%	14.03%	8.38%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly

			Total Re	eturns	Avera	age Annua	l Total Reti	ums	Total Ar Operating E (%/Per \$	Expenses		
Multi Asset - Mutual Fund	Morningstar Category	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*
American Funds 2055 Target Date Retirement Fund Class R-4 (RDJTX) <sup>1,9</sup>	Target-Date 2055	02/01/10	-1.84%	-1.84%	4.90%	6.01%	13.13%	8.75%	0.74% \$7.40	0.74% \$7.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2055 TR USD			-0.76%	-0.76%	6.19%	6.28%	14.16%	8.45%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2060 Target Date Retirement Fund Class R-4 (RDKTX) <sup>1,9,10</sup>	2060	03/27/15	-2.02%	-2.02%	4.80%	5.99%	13.08%	8.72%	0.74% \$7.40	0.74% \$7.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Morningstar Lifetime Allocation Moderate 2060 TR USD			-0.50%	-0.50%	6.03%	5.21%	13.32%	7.66%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds 2065 Target Date Retirement Fund Class R-4 (RDLTX) <sup>1,9</sup>	Target-Date 2065+	03/27/20	-2.07%	-2.07%	4.75%	5.97%	13.12%	13.41%	0.74% \$7.40	0.74% \$7.40	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: S&P Target Date 2065+ TR USD			-0.97%	-0.97%	6.28%	6.43%	14.28%	14.54%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
American Funds Capital Income Builder Class R-4 (RIREX) <sup>1,10</sup>	Global Allocation	05/20/02	5.11%	5.11%	11.68%	6.08%	10.48%	5.96%	0.62% \$6.20	0.62% \$6.20	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Morningstar Global Allocation TR USD			0.26%	0.26%	5.56%	3.80%	8.64%	5.86%				exchanging out of the fund. Pln Svcs Credit: 0.12%/quarterly
Columbia Balanced Fund Class A (CBLAX) <sup>1,10</sup>	Moderate Allocation	11/01/02	-1.72%	-1.72%	5.82%	5.67%	11.68%	7.91%	0.93% \$9.30	0.93% \$9.30	-	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: Morningstar Moderate Target Risk TR USD			1.69%	1.69%	5.95%	3.87%	8.80%	6.09%				exchanging out of the fund. Pln Svcs Credit: 0.27%/quarterly
JPMorgan Income Builder Fund Class A Shares (JNBAX) <sup>1,4</sup>	Moderately Conservative Allocation	05/31/07	1.51%	1.51%	6.20%	2.67%	6.98%	4.33%	1.07% \$10.70	0.75% \$7.50	02/28/26	Round Trip: You cannot exchange into the fund within 30 calendar days of
Benchmark: MSCI World NR USD			-1.79%	-1.79%	7.04%	7.58%	16.13%	9.50%				exchanging out of the fund. Pln Svcs Credit: 0.27%/quarterly

				Total Annual Operating Expenses Total Returns Average Annual Total Returns (%/Per \$1000)										
Money Market - Mutual Fund	Morningstar Category	Inception Date	7-Day Yield**	3 Month	YTD	1 Year	3 Year		10 Year/ Since Inception	Gross	Net	Fee Waiver Expiration	Shareholder Fees & Restrictions*	
Nuveen Money Market Fund (Retirement) (TIEXX) <sup>4,11,12,13,14</sup>	Money Market- Taxable	03/31/06 07/01/99	4.02%	1.01%	1.01%	4.68%	4.05%	2.42%	1.64%	0.37% \$3.70	0.37% \$3.70	07/31/25	Pln Svcs Credit: 0.02%/quarterly	
Benchmark: iMoneyNet Money Fund AveragesTM-All Government				0.99%	0.99%	4.67%	4.00%	2.39%	1.59%					

You could lose money by investing in a money market fund. Although a money market fund seeks to preserve the value of your investment at \$1.00 per share, it cannot guarantee it will do so. An investment in a money market fund is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. A money market fund's sponsor has no legal obligation to provide support to a money market fund, and you should not expect that the sponsor will provide financial support to a money market fund at any time.

\*\*The current yield more closely reflects the earnings of this investment choice.

		Total Retur	ms	Av	erage Annual To	otal Returns			Current	Rates
Guaranteed - Fixed Annuity	Inception Date	3 Month	YTD	1 Year	3 Year	5 Year	10 Year	Since Inception	Rate	Guaranteed Minimum Rate
TIAA Traditional Annuity - Retirement Choice	08/01/05	1.11%	1.11%	4.59%	4.61%	4.26%	4.21%	4.39%	5.25%	3.00%

Additional Information:

An annual plan servicing fee of 0.08% is charged and deducted on a quarterly basis.

The current rate shown applies to premiums remitted during the month of January 2025 and will be credited through 2/28/2025. This rate is subject to change in subsequent months. Up-to-date rate of return information is available on your plan-specific website noted above or at 800-842-2733.TIAA Traditional guarantees your principal and a minimum annual interest rate. The current guaranteed minimum interest rate for premiums remitted in 2024 is 3.00%, and is effective through 2033. The account also offers the opportunity for additional amounts in excess of the minimum interest rate. When declared, additional amounts remain in effect for the twelve-month period that begins each March 1 for accumulating annuities and January 1 for payout annuities. Additional amounts are not guaranteed for the future years. All guarantees are subject to TIAA's claims paying ability.TIAA Traditional is designed primarily to help meet your long-term retirement income needs; it is not a short-term savings vehicle. Therefore, some contracts require that benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals. TIAA has rewarded participants who save in contracts where benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals. TIAA has rewarded participants who save in contracts where benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals. TIAA has rewarded participants who save in contracts where benefits are paid in installments over time and/or may impose surrender charges on certain withdrawals are available from the TIAA Traditional account balances and more retirement income for you.For Retirement Choice (RC) contracts, and subject to the terms of your employer's plan, lump-sum withdrawals are available from the TIAA Traditional account only within 120 days after termination of employment and are subject to a 2.5% surrender charge. All other withdrawals and transfers from the account must be pa

# A Note About Risk

Equity risk refers to the risk of loss due to the market price of shares falling. Equity funds and variable annuity accounts generally carry a higher degree of risk than fixed income funds and accounts. Fixed income funds and variable annuity accounts are not guaranteed and are subject to interest rate, inflation and credit risks.

Guaranteed investments offer a guaranteed rate of return but such guarantees are subject to the claims-paying ability of the issuing insurance company.

More detailed information on risks applicable to a particular investment option can be found in the prospectus or other product literature.

#### Fees and Expenses

\*Some Plans may allocate plan costs to participants to offset the cost of recordkeeping and other plan services. When the Plan allocates these costs at the investment-level there may be a plan services fee or credit displayed in the ""Shareholder fees & restrictions"" column. If the costs are allocated at the plan-level (regardless of investment) it is not displayed on the Quarterly Investment Update. Fee and expense information for the variable return investment options include the Total Annual Operating Expenses expressed as a percentage and a dollar amount based upon a \$1,000 accumulation both as net (after) and gross (before) of expenses. Total Annual Operating Expenses is a measure of what it costs to operate an investment, expressed as a percentage of its assets, as a dollar amount or in basis points. These are costs the investor pays through a reduction in the investment's rate of return. Expense information shown is based on the most recent information available, but may not reflect all updates and may differ slightly from the prospectus due to rounding. Please consult the most recent prospectus or offering document for more detailed information.

For more information on the impact of fees and expenses associated with your plan, please visit TIAA.org/fees. Fees are only one of many factors to consider when making an investment decision.

# About the Benchmark

A benchmark provides an investor with a point of reference to evaluate an investment's performance. One common type of benchmark used to compare investment performance is called an index. Indexes are unmanaged portfolios of securities designed to track the performance of a particular segment of the market. For example, a large cap stock fund or account will usually be compared to an index that tracks a portfolio of large-cap stocks. Conversely, a bond fund or account is typically compared to an index that tracks a portfolio of bonds that is comparable to the fund or account's portfolio in terms of credit quality, maturity and liquidity. Each mutual fund or account shown in the table includes performance information for an index that the advisor determined provides a fair comparison of the fund or account's investment performance. Indexes are for comparison purposes only. You cannot invest directly in any index. Index returns do not reflect a deduction for fees or expenses.

# **Data Providers**

Unless otherwise noted, data on nonproprietary investment products, including performance, Morningstar Category and expenses, is provided by Morningstar, Inc. All other data provided by Teachers Insurance and Annuity Association of America - College Retirement Equities Fund. Benchmark performance shown across proprietary and nonproprietary funds/accounts is provided by TIAA with the exception of Since Inception periods calculated using a nonproprietary fund's inception date. TIAA reserves the rights to all proprietary data herein, and is not responsible for any damages or losses arising from any use of this information.

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The Morningstar Category classifies a fund based on its investment style as measured by underlying portfolio holdings (portfolio statistics and compositions over the past three years). If the fund is new and has no portfolio, Morningstar estimates where it will fall before assigning a more permanent category. When necessary, Morningstar may change a category assignment based on current information.

# Important Information

**1** Accumulations in funds not managed by TIAA may be subject to administrative charges. These charges are subject to change. Please review current documents related to your plan.

2 Securities issued in developing markets, where there is greater potential for political, currency and economic volatility, may be less liquid than those issued in more developed countries and foreign investors in these markets may be subject to special restrictions which could have an adverse impact on performance.

3 Securities of smaller companies may be more volatile than those of larger ones, and they are also often less liquid than those of larger companies because there is a limited market for them.

**4** The net expense ratio reflects a contractual arrangement that has the effect of reducing or limiting the fund's expenses. Without such an arrangement, currently or in the past, returns would have been lower. The arrangement will remain in effect until terminated. Please see the prospectus for details.

5 Due to their relatively high valuations which are generally a function of expected earnings growth, growth stocks will be more volatile than value stocks and such earnings growth may not occur or be sustained.

6 Securities of foreign issuers may lose value because of erratic market conditions, economic and political instability or fluctuations in currency exchange rates, which may be magnified in emerging markets.

7 Funds that focus their investments in real estate are subject to the risks associated with real estate ownership, including fluctuations in property values, higher expenses or lower income than expected, and potential environmental problems and liability.

8 Investments in high-yield bonds (commonly known as junk bonds) are subject to greater risk of loss of principal and interest and an increased risk of default in comparison to higher-rated bonds.

9 As Target Retirement Date Funds are actively managed, their asset allocations are subject to change and may vary from those indicated. They invest in many underlying funds and are exposed to the risks of different areas of the market. Please note that, as with all mutual funds, the principal value of a Target Retirement Date Fund is not guaranteed. The higher a fund's allocation to stocks, the greater the risk. After the target date has been reached, some of these funds may be merged into a fund with a more stable asset allocation. In addition to the fund level expenses these funds are also subject to the expenses of their underlying investments. Please consult the prospectus for more complete information.

**10** The index shown is for comparative purposes only, and may not match other websites or publications.

**11** When more than one inception date is shown, the performance displayed for periods prior to the investment's inception date is hypothetical. The second inception date is that of the fund/account to which such performance is based. Please refer to the investment's performance disclosure for more details.

**12** iMoneyNet reports yields as of the last Tuesday of the month. Yields for the iMoneyNet Money Fund Report Averages-All Taxable and the fund(s) that track this industry average are calculated based on this date.

**13** Beginning May 6, 2020, part or all of the investment management fees are being voluntarily waived. In addition, the fund's investment adviser is reimbursing certain other fund expenses. Without these changes, the 7-day current and effective net annualized yields and total returns for the fund would have been lower. The suspension of reimbursements and the addition of waivers are voluntary and may be discontinued at any time without notice.

**14** Performance shown for the Since Inception period and prior to the inception of the Retirement Class is based on the performance of the fund's Institutional Class. Performance has not been restated to reflect the higher expenses of the Retirement Class. If the expense differential had been reflected, performance for these periods would have been lower.

**15** The TIAA Traditional Annuity guarantees principal and a specified interest rate (based on TIAA's claims paying ability). It also offers the potential for greater growth through additional amounts, which may be declared on a year-by-year basis by the TIAA Board of Trustees. These additional amounts, when declared, remain in effect for the "declaration year" which begins each March 1. Additional amounts are not guaranteed. For more up to date information please visit your employer's microsite or TIAA.org. TIAA Traditional is a guaranteed insurance contract and not an investment for federal securities law purposes.

**16** Accumulations are credited with interest based on when contributions and transfers are received, and your performance will reflect your pattern of contributions. The returns shown in the table reasonably represent what an individual making level monthly premiums would have historically earned over the time periods. Returns for different time periods are calculated in two steps: monthly performance returns are calculated from an accumulation created by a series of level monthly premiums over the prior 10 years (or the inception date of the product if later), and those monthly returns are linked together to determine historical performance for each of the return periods shown.

**17** The Current Rates, Minimum Guaranteed Rates and Fees (if applicable) shown for guaranteed annuities are the rates in effect as of the first day of the month following quarter end. Depending upon the contract, these may apply to new money only or to both new money and existing accumulations. See your annuity contract or certificate for details.



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Mutual funds are offered through your plan sponsor's retirement plan, which is recordkept by TIAA. Funds are offered at that day's net asset value (NAV), and the performance is displayed accordingly. Performance at NAV does not reflect sales charges, which are waived through your retirement plan. If included, the sales charges would have reduced the performance as quoted.

Before making your investment choices and completing your enrollment form, you should consider the investment objectives, risks, charges and expenses carefully. Please call 877-518-9161 for paper copies of the product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

Unless otherwise noted, annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. TIAA-CREF Individual & Institutional Services, LLC and Nuveen Securities, LLC, Members FINRA and SIPC, distribute securities products. 2025 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017.

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